



BUCKNER.

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# Foster Care RECREATION LOG



RIO GRANDE CHILDREN'S HOME  
A MINISTRY OF BUCKNER

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## JANUARY 2024

Foster Home:

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Notes:</b> <p style="text-align: center;"><u>Remember to Log</u> ARD Meetings; doctor, dentist, therapy &amp; psych appts; church activities; extracurricular activities; recreation/outings/trips; PAL; family visits</p> <p style="text-align: center;"><u>Remember to Include</u> activity; time frame; children participating (if more than one, use initials); list the person supervising; list therapeutic value # (see key below)</p>						
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

**THERAPEUTIC VALUES:** for each activity listed above, place the number(s) that explain the therapeutic benefit(s) of the activity

- |  |   |
|--|---|
| 1. Exercise/physical fitness                       | 7. Religious/spiritual growth   |
| 2. Reduce stress/anxiety and increase relaxation   | 8. Promotes healthy attachment to biological family members             |
| 3. Increase/improve social interaction with peers  | 9. Promotes healthy attachment to foster parents and/or foster siblings |
| 4. Increase/improve social interaction with adults | 10. Provides opportunity for healthy self-expression/creativity         |
| 5. Educational                                     | 11. Promotes self-esteem/opportunity for sense of accomplishment        |
| 6. Outside play                                    | 12. Promotes independence/practicing life skills                        |

Children shall participate in daily routines and activities at levels of supervision set out in their Plan of Service or if under a safety plan, within parameters of an ongoing safety plan.



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## FEBRUARY 2024

Foster Home:

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Notes:</b> <b>Remember to Log</b> ARD Meetings; doctor, dentist, therapy & psych appts; church activities; extracurricular activities; recreation/outings/trips; PAL; family visits <b>Remember to Include</b> activity; time frame; children participating (if more than one, use initials); list the person supervising; list therapeutic value # (see key below)				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

**THERAPEUTIC VALUES:** for each activity listed above, place the number(s) that explain the therapeutic benefit(s) of the activity

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|--|---|
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| 2. Reduce stress/anxiety and increase relaxation   | 8. Promotes healthy attachment to biological family members             |
| 3. Increase/improve social interaction with peers  | 9. Promotes healthy attachment to foster parents and/or foster siblings |
| 4. Increase/improve social interaction with adults | 10. Provides opportunity for healthy self-expression/creativity         |
| 5. Educational                                     | 11. Promotes self-esteem/opportunity for sense of accomplishment        |
| 6. Outside play                                    | 12. Promotes independence/practicing life skills                        |

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**MARCH 2024**

**Foster Home:**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>Notes:</b>  <u>Remember to Log</u>            ARD Meetings; doctor, dentist, therapy &amp; psych appts; church activities;            extracurricular activities; recreation/outings/trips; PAL; family visits</p> <p><u>Remember to Include</u>            activity; time frame; children participating (if more than one, use initials);            list the person supervising; list therapeutic value # (see key below)</p>					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

**THERAPEUTIC VALUES:** for each activity listed above, place the number(s) that explain the therapeutic benefit(s) of the activity

- |  |  |
|--|--|
| <ol style="list-style-type: none"> <li>1. Exercise/physical fitness</li> <li>2. Reduce stress/anxiety and increase relaxation</li> <li>3. Increase/improve social interaction with peers</li> <li>4. Increase/improve social interaction with adults</li> <li>5. Educational</li> <li>6. Outside play</li> </ol> | <ol style="list-style-type: none"> <li>7. Religious/spiritual growth</li> <li>8. Promotes healthy attachment to biological family members</li> <li>9. Promotes healthy attachment to foster parents and/or foster siblings</li> <li>10. Provides opportunity for healthy self-expression/creativity</li> <li>11. Promotes self-esteem/opportunity for sense of accomplishment</li> <li>12. Promotes independence/practicing life skills</li> </ol> |
|--|--|

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## APRIL 2024

Foster Home: \_\_\_\_\_

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	<p><b>Notes:</b></p> <p><u>Remember to Log</u> ARD Meetings; doctor, dentist, therapy &amp; psych appts; church activities; extracurricular activities; recreation/outings/trips; PAL; family visits</p> <p><u>Remember to Include</u> activity; time frame; children participating (if more than one, use initials); list the person supervising; list therapeutic value # (see key below)</p>			

**THERAPEUTIC VALUES:** for each activity listed above, place the number(s) that explain the therapeutic benefit(s) of the activity

- |  |   |
|--|---|
| 1. Exercise/physical fitness                       | 7. Religious/spiritual growth   |
| 2. Reduce stress/anxiety and increase relaxation   | 8. Promotes healthy attachment to biological family members             |
| 3. Increase/improve social interaction with peers  | 9. Promotes healthy attachment to foster parents and/or foster siblings |
| 4. Increase/improve social interaction with adults | 10. Provides opportunity for healthy self-expression/creativity         |
| 5. Educational                                     | 11. Promotes self-esteem/opportunity for sense of accomplishment        |
| 6. Outside play                                    | 12. Promotes independence/practicing life skills                        |

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**MAY 2024**

**Foster Home:**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Notes:</b> <u>Remember to Log</u> ARD Meetings; doctor, dentist, therapy & psych appointments; church activities; extracurricular activities; recreation/outings/trips; PAL; family visits <u>Remember to Include</u> activity; time frame; children participating (if more than one, use initials); list the person supervising; list therapeutic value # (see key below)			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

**THERAPEUTIC VALUES:** for each activity listed above, place the number(s) that explain the therapeutic benefit(s) of the activity

- |  |   |
|--|---|
| 1. Exercise/physical fitness                       | 7. Religious/spiritual growth   |
| 2. Reduce stress/anxiety and increase relaxation   | 8. Promotes healthy attachment to biological family members             |
| 3. Increase/improve social interaction with peers  | 9. Promotes healthy attachment to foster parents and/or foster siblings |
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| 5. Educational                                     | 11. Promotes self-esteem/opportunity for sense of accomplishment        |
| 6. Outside play                                    | 12. Promotes independence/practicing life skills                        |

Children shall participate in daily routines and activities at levels of supervision set out in their Plan of Service or if under a safety plan, within parameters of an ongoing safety plan.

**JUNE 2024**

**Foster Home:**

Sun	Mon	Tue	Wed	Thu	Fri	Sat		
<b>Notes:</b> <p style="text-align: center;"><u>Remember to Log</u></p> ARD Meetings; doctor, dentist, therapy & psych appts; church activities; extracurricular activities; recreation/outings/trips; PAL; family visits  <p style="text-align: center;"><u>Remember to Include</u></p> activity; time frame; children participating (if more than one, use initials); list the person supervising; list therapeutic value # (see key below)						1		
2	3	4	5	6	7	8		
9	10	11	12	13	14	15		
16	17	18	19	20	21	22		
23	24	25	26	27	28	29		
30	<p><b><u>THERAPEUTIC VALUES:</u></b> for each activity listed above, place the number(s) that explain the therapeutic benefit(s) of the activity</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%; border: none;">           1. Exercise/physical fitness            2. Reduce stress/anxiety and increase relaxation            3. Increase/improve social interaction with peers            4. Increase/improve social interaction with adults            5. Educational            6. Outside play         </td> <td style="width: 50%; border: none;">           7. Religious/spiritual growth            8. Promotes healthy attachment to biological family members            9. Promotes healthy attachment to foster parents and/or foster siblings            10. Provides opportunity for healthy self-expression/creativity            11. Promotes self-esteem/opportunity for sense of accomplishment            12. Promotes independence/practicing life skills         </td> </tr> </table> <p>Children shall participate in daily routines and activities at levels of supervision set out in their Plan of Service or if under a safety plan, within parameters of an ongoing safety plan.</p>						1. Exercise/physical fitness 2. Reduce stress/anxiety and increase relaxation 3. Increase/improve social interaction with peers 4. Increase/improve social interaction with adults 5. Educational 6. Outside play	7. Religious/spiritual growth 8. Promotes healthy attachment to biological family members 9. Promotes healthy attachment to foster parents and/or foster siblings 10. Provides opportunity for healthy self-expression/creativity 11. Promotes self-esteem/opportunity for sense of accomplishment 12. Promotes independence/practicing life skills
1. Exercise/physical fitness 2. Reduce stress/anxiety and increase relaxation 3. Increase/improve social interaction with peers 4. Increase/improve social interaction with adults 5. Educational 6. Outside play	7. Religious/spiritual growth 8. Promotes healthy attachment to biological family members 9. Promotes healthy attachment to foster parents and/or foster siblings 10. Provides opportunity for healthy self-expression/creativity 11. Promotes self-esteem/opportunity for sense of accomplishment 12. Promotes independence/practicing life skills							



Foster Care  
RECREATION LOG



**JULY 2024**

Foster Home:

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	<p><b>Notes:</b></p> <p style="text-align: center;"><u>Remember to Log</u></p> <p style="text-align: center;">ARD Meetings; doctor, dentist, therapy &amp; psych appts; church activities; extracurricular activities; recreation/outings/trips; PAL; family visits</p> <p style="text-align: center;"><u>Remember to Include</u></p> <p style="text-align: center;">activity; time frame; children participating (if more than one, use initials); list the person supervising; list therapeutic value # (see key below)</p>		

**THERAPEUTIC VALUES:** for each activity listed above, place the number(s) that explain the therapeutic benefit(s) of the activity

- |  |   |
|--|---|
| 1. Exercise/physical fitness                       | 7. Religious/spiritual growth   |
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| 5. Educational                                     | 11. Promotes self-esteem/opportunity for sense of accomplishment        |
| 6. Outside play                                    | 12. Promotes independence/practicing life skills                        |

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**AUGUST 20234**

Foster Home:

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Notes:</b> <p style="text-align: center;"><b>Remember to Log</b> ARD Meetings; doctor, dentist, therapy &amp; psych appts; church activities; extracurricular activities; recreation/outings/trips; PAL; family visits</p> <p style="text-align: center;"><b>Remember to Include</b> activity; time frame; children participating (if more than one, use initials); list the person supervising; list therapeutic value # (see key below)</p>				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

**THERAPEUTIC VALUES:** for each activity listed above, place the number(s) that explain the therapeutic benefit(s) of the activity

- |  |   |
|--|---|
| 1. Exercise/physical fitness                       | 7. Religious/spiritual growth   |
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| 4. Increase/improve social interaction with adults | 10. Provides opportunity for healthy self-expression/creativity         |
| 5. Educational                                     | 11. Promotes self-esteem/opportunity for sense of accomplishment        |
| 6. Outside play                                    | 12. Promotes independence/practicing life skills                        |

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## Foster Care RECREATION LOG



### SEPTEMBER 2024

Foster Home: \_\_\_\_\_

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	<p><b>Notes:</b></p> <p style="text-align: center;"><u>Remember to Log</u> ARD Meetings; doctor, dentist, therapy &amp; psych appts; church activities; extracurricular activities; recreation/outings/trips; PAL; family visits</p> <p style="text-align: center;"><u>Remember to Include</u> activity; time frame; children participating (if more than one, use initials); list the person supervising; list therapeutic value # (see key below)</p>				

**THERAPEUTIC VALUES:** for each activity listed above, place the number(s) that explain the therapeutic benefit(s) of the activity

- |  |  |
|--|--|
| <ol style="list-style-type: none"> <li>1. Exercise/physical fitness</li> <li>2. Reduce stress/anxiety and increase relaxation</li> <li>3. Increase/improve social interaction with peers</li> <li>4. Increase/improve social interaction with adults</li> <li>5. Educational</li> <li>6. Outside play</li> </ol> | <ol style="list-style-type: none"> <li>7. Religious/spiritual growth</li> <li>8. Promotes healthy attachment to biological family members</li> <li>9. Promotes healthy attachment to foster parents and/or foster siblings</li> <li>10. Provides opportunity for healthy self-expression/creativity</li> <li>11. Promotes self-esteem/opportunity for sense of accomplishment</li> <li>12. Promotes independence/practicing life skills</li> </ol> |
|--|--|

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## OCTOBER 2024

Foster Home:

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<b>Notes:</b> <b>Remember to Log</b> ARD Meetings; doctor, dentist, therapy & psych appointments; church activities; extracurricular activities; recreation/outings/trips; PAL; family visits  <b>Remember to Include</b> activity; time frame; children participating (if more than one, use initials); list the person supervising; list therapeutic value # (see key below)	1	2	3	4	5		
	6	7	8	9	10	11	12
	13	14	15	16	17	18	19
	20	21	22	23	24	25	26
	27	28	29	30	31		

**THERAPEUTIC VALUES:** for each activity listed above, place the number(s) that explain the therapeutic benefit(s) of the activity

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|--|---|
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| 4. Increase/improve social interaction with adults | 10. Provides opportunity for healthy self-expression/creativity         |
| 5. Educational                                     | 11. Promotes self-esteem/opportunity for sense of accomplishment        |
| 6. Outside play                                    | 12. Promotes independence/practicing life skills                        |

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## NOVEMBER 2024

Foster Home:

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Notes:</b> <b>Remember to Log</b> ARD Meetings; doctor, dentist, therapy & psych appointments; church activities; extracurricular activities; recreation/outings/trips; PAL; family visits <b>Remember to Include</b> activity; time frame; children participating (if more than one, use initials); list the person supervising; list therapeutic value # (see key below)					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

**THERAPEUTIC VALUES:** for each activity listed above, place the number(s) that explain the therapeutic benefit(s) of the activity

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**DECEMBER 2024**

Foster Home:

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	<b>Notes:</b>  <u>Remember to Log</u> ARD Meetings; doctor, dentist, therapy & psych appts; church activities; extracurricular activities; recreation/outings/trips; PAL; family visits  <u>Remember to Include</u> activity; time frame; children participating (if more than one, use initials); list the person supervising; list therapeutic value # (see key below)			

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